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Psychology 11	Name:

## **DREAM INTERPRETATION**

Part	III:	Reflection

<u>Directions</u>: Answer the following questions in **COMPLETE SENTENCES.** 

1.	This assignment was designed to help you learn more about Sigmund Freud's Wish Fulfillment Theory of dreams. Including this theory and the others discussed (Cognitive-Problem Solving, Activation-Synthesis, Information Processing and Physiological Function), which do you believe to be the most valid? Why?

2. Which of these theories to you believe to be the least valid? Why?

## Part VI: Application

<b>Directions:</b> Ezekiel, a rising high school freshman,	has the following dream the night before school starts. After
reading his dream, attempt to interpret/describe the	function of Ezekiel's dream using the theories listed below.

Ezekiel's dream: "I dreamt that I showed up for my first day of high school and I had no idea where to go. I was lost and I kept looking at my watch, realizing that I was already late. Whenever I asked for directions, people would laugh at me. Then, suddenly I was naked and people were laughing even harder. I started crying and went home where my mom told me that I was a failure and that I'd never amount to anything if I couldn't even get to school on time. I woke up shaking and trembling because it felt so real."

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1.	How would the <i>Wish-Fulfillment Theory</i> explain this dream?	
2.	How would the <i>Activation-Synthesis Theory</i> explain this dream?	
3.	How would the <i>Information-Processing Theory</i> explain this dream?	