**SS. 11 Culture Unit Date: Name:**

 FOOD & CULTURE

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

*Please type answers in a different color.* **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Objectives**:

1. Need to complete 4 activities – 31 Questions Total

2. Need to submit this finished assignment to boliveira@cisnd.ca, with an assignment name named: “Food and Culture”.

3. Students will develop an awareness of the diversity of food around the globe.

4. Students will compare and contrast their food choices with the eating habits of others locally and globally.

5. Students will explain how food choices are limited by resources, culture, and geography. **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Background**:

How much food do you eat in a day? In a week? If you had to put all your food together on a table for a week, how much space would that take up? ***Hungry Planet: What the World Eats*** documents the weekly diets and food environments of “typical” families from diverse nations around the globe. In an era of so much focus on the diet and its ramifications on public health, this exhibition of photos provides an avenue for discussing the impact of food on daily life, and for comparing and contrasting Canada with other parts of the world. The exhibition shows how issues such as globalization, mass tourism, and agribusiness impact the connection between diet, geography, economics, and culture. Look at the photographs of families from various countries each posing with one week’s worth of food and answer the following questions. Photograph website: <https://time.com/8515/what-the-world-eats-hungry-planet/> \***Choose 3 countries from the website and research their food habits (choose countries outside of your own country and or close to your own home country).**

**Activity 1 - Country 1:**

**1. Number of family members**

**2. What assumptions can be made about the life expectancy of individuals in this country? Write at least 2 sentences.**

**3. Based on the photograph, what can you tell about the apparent Level of Development? Write at least 2 sentences.**

**4. Which food group is represented the most? Least? Write at least 2 sentences.**

**5. What can be said about the number of foods the family has purchased in a store/supermarket and foods they may grow or make themselves? Write at least 2 sentences.**

**6. Research what percentage of the population is obese? Compare the answer from question 5 to the obesity percentage. Is there any correlation? Explain. Write at least 2 sentences.**

**7. Looking at the photos, estimate the amount of fruit each family member eats in one week.**

**8. Looking at the photos, estimate the amount of meat each family member eats in one week.**

**9. What does this family’s food supply reveal about its standard of living and the circumstances of the family members’ lives? Write at least 2 sentences.**

**Activity 2 - Country 2:**

**1. Number of family members**

**2. What assumptions can be made about the life expectancy of individuals in this country? Write at least 2 sentences.**

**3. Based on the photograph, what can you tell about the apparent Level of Development? Write at least 2 sentences.**

**4. Which food group is represented the most? Least? Write at least 2 sentences.**

**5. What can be said about the number of foods the family has purchased in a store/supermarket and foods they may grow or make themselves? Write at least 2 sentences.**

**6. Research what percentage of the population is obese? Compare the answer from question 5 to the obesity percentage. Is there any correlation? Explain. Write at least 2 sentences.**

**7. Looking at the photos, estimate the amount of fruit each family member eats in one week.**

**8. Looking at the photos, estimate the amount of meat each family member eats in one week.**

**9. What does this family’s food supply reveal about its standard of living and the circumstances of the family members’ lives? Write at least 2 sentences.**

**Activity 3 - Country 3:**

**1. Number of family members**

**2. What assumptions can be made about the life expectancy of individuals in this country? Write at least 2 sentences.**

**3. Based on the photograph, what can you tell about the apparent Level of Development? Write at least 2 sentences.**

**4. Which food group is represented the most? Least? Write at least 2 sentences.**

**5. What can be said about the number of foods the family has purchased in a store/supermarket and foods they may grow or make themselves? Write at least 2 sentences.**

**6. Research what percentage of the population is obese? Compare the answer from question 5 to the obesity percentage. Is there any correlation? Explain. Write at least 2 sentences.**

**7. Looking at the photos, estimate the amount of fruit each family member eats in one week.**

**8. Looking at the photos, estimate the amount of meat each family member eats in one week.**

**9. What does this family’s food supply reveal about its standard of living and the circumstances of the family members’ lives? Write at least 2 sentences.**

**Activity 4 – Conclusion**

**1. Which family do you think has the healthiest diet overall? Why? Write at least 3 sentences.**

**2. What happens to people’s diet when they make more money? Explain how their diet changes. Do you think this is a positive or negative change? Please explain. Write at least 3 sentences.**

**3. In your opinion, do you think eating too much or not having enough food is more of an issue in the world? Justify your response. Write at least 3 sentences.**

**4. Imagine that family 1 or 2 joins you and your family for dinner at your home. Predict what the members of that family would say to each other about this meal when they returned home. Write at least 5 sentences.**

Activities

Activity 1 - Country 1: United States of America

1. Number of family members 5

2. What assumptions can be made about the life expectancy of individuals in this country? Write at

least 2 sentences.

An assumption that can be made is they can have a variety of different foods such as fruits and

vegetables. I would say overall based on the picture provided that the life expectancy in Germany is

high because of the nutrients they obtain.

3. Based on the photograph, what can you tell about the apparent Level of Development? Write at

At least 2 sentences.

From the photograph, the level of development I see is two adults and three children. From the

photograph, I can visually see that the children look happy and healthy as well as the parents.

4. Which food group is represented the most? Least? Write at least 2 sentences.

The food groups represented the most in the photograph are vegetables, grains, and protein. These

are the 3 major categories that lead to great overall health with the right amount of exercise.

5. What can be said about the number of foods the family has purchased in a store/supermarket

and foods they may grow or make themselves? Write at least 2 sentences.

I would say the amount of food they have purchased is since they have two growing boys as

well as a baby. I think that the amount of food is great because of the number of people they

have to provide for and help with the development of their children.

6. Research what percentage of the population is obese? Compare the answer from question 5

to the obesity percentage. Is there any correlation? Explain. Write at least 2 sentences

ease Highlight or type answers in a different color.

Objectives

1. Students need to complete 4 activities – 31 Questions Total

2. Students need to submit this file at eCampus, a folder named: “Lab 10 – Submit your

file here” located in Lab 10 folder.

3. Students will develop an awareness of the diversity of food around the globe.

4. Students will compare & contrast their food choices with the eating habits of others locally and globally.

5. Students will explain how food choices are limited by resources, culture, and geography