

Mental illness Art Exhibit Project

Purpose: The purpose of this assignment is to provide an overview of common and/or well-known mental disorders as categorized in the DSM 5. It is also an exercise in understanding and empathizing with those who suffer from these disorders. Lastly, through the products you create, I hope that this project will bring awareness to communities in the school about the prevalence of mental illness and the importance of focusing on ones' mental health.

Task: Research the disorder you are assigned. There are main categories of disorders that we will be learning about in class, but you will be assigned a specific disorder that falls under a larger "umbrella" category. You should mainly use the DSM 5 to conduct research. After conducting research you will write a paper and create a piece of art to share with the class/school.

Graded Components:

1. Written Paper (40 points)

- First, **define the disorder** as per our standard in psychology for defining psychological disorders (refer to the DSM-5)
- Second, identify what the **causes of the disorder** are
- Third, you are to identify **how the disorder can be examined** from 2 of the 7 different perspectives of psychology.
- Fourth, identify and explain **2 possible modes of therapy** (most typical for that diagnosis)
- * I would prefer that each section/question be labeled on your paper with a **sub-heading**.

2. Works cited (10 points)

- Your main source will be the DSM – 5, it was provided to you online in a PDF version.
- You may also use outside sources, but make sure they are reliable and up to date with the most current research on the disorder.

3. Art (30 points)

- You are going to create a painting, drawing, or sketch to display what it would feel like to suffer from this particular disorder.
- I know that not all of us are amazing artists, but I want each of you to do your best to make a visually appealing piece of art, with the goal being to empathize with the sufferers of this disorder. Your artwork will be displayed in the school for others to view.
- Color is optional, based on your interpretation of that disorder.
- This will be graded based on effort and quality.
- I will offer examples in class to show you what I expect and what inspired the images that inspired this project.

4. Plaque/sign (20 points)

- A sign will be posted below your artwork to describe the mental disorder.
- I want all of the plaques to look uniform, so I will be providing a template that you will fill out:
 - Title: " something creative" (your choice)
 - a representation of (insert disorder here)
 - (Insert disorder here) Looks Like: (insert symptoms in your own words) AKA what to look for in people
 - (Insert disorder) Feels Like: (insert symptoms in your own words)