



# Taboos & Norms



# Social Norms

# What is a Social Norm?

**Social Norm** - Shared standards or expectations of **acceptable** behavior by a group or culture.

These norms can be:

- 1) Unofficial rules - the standard created by the norm does NOT break any legal rules.
- 2) Official Rules - the norm or expectation of the culture agrees with the legal code. Violating would break the law and the societal expectation.



# What is a taboo?

**Taboo** - a social or religious custom prohibiting or forbidding discussion of a particular practice or forbidding association of a particular person, place, or thing.

Taboos are norms that reflect the society in which they function

# Types of Taboos

**Social Taboos** - An agreed upon action or subject that is deemed to be off limits or frowned upon in society.

**Religious Taboos** - Agreed upon actions or subject matter that is deemed to be off limits by one's religion. Religious taboos in Catholicism stem from the Bible, Jesus, and the Word of GOD.

# Are taboos the same in all countries?

NO!!!

Taboos are only relevant in their own contexts and cultures.

What are some Taboos in western society?