

Treatment of Psychological Disorders

13. How do psychologists use **token economies** to modify behavior? Explain using an example.

16. What are the aims and benefits of group and **family therapy**?

14. What does **cognitive therapy** assume?

17. Explain how clients perceptions, clinicians perceptions and outcome research determines whether psychotherapy works.

15. Explain **cognitive-behavioral therapy** and give an example. ***VERY important***